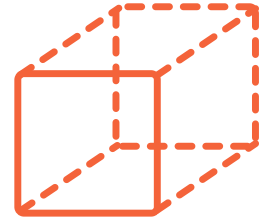


ENERGY UNIT



WHAT AND HOW MUCH?



TIME UNIT

ENERGY MANAGEMENT

We manage/control the amount of energy (energy unit) we put towards a task within a given amount of time (time unit).

TIME MANAGEMENT

Time is a unit of measurement. We cannot manage or control time.

COMMUNICATION FILTERS

